

Defending Their Goal Kicks



Players Responsibilities:

When Kicked down the Middle of the Field:

- All players move into a central compact position.
- Do not be stretched out.
- All players within the width of the penalty area.
- Mark deeper and more central than the player you are marking.
- Be decisive and attack the ball. Hight and distance when heading.
- Be alert to win "second balls".

When Kicked Wide:

Entire team slide over but maintains compact shape.

