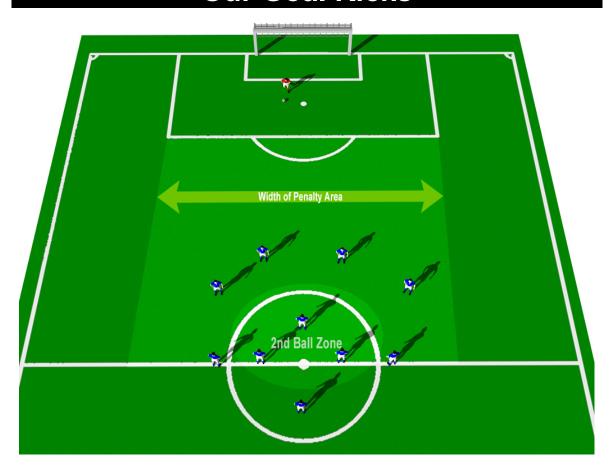


## **Our Goal Kicks**



## **Players Responsibilities:**

## When kicked down the Middle of the Field:

- Goalkeeper hold ball to allow team to get shape.
- All players within the width of the penalty area.
- Push "Chest Tight" on player marking you to prevent him taking a run at the ball.
- Look for "flick on's"
- Be alert to win "second balls".

## When Kicked Wide:

Entire team slide over but maintains compact shape.



Did you know. In the 2018/19 Premier League season, Manchester United led the league in goal kicks, with 332 for the season. Fulham player, Aleksandar Mitrovic led the league in Aerial Battles won with 240.