



TEAM CONNECTICUT

CCSU MEN'S SOCCER

The Gauntlet Fitness Test

Date: _____

Distance	Goal
1 Mile – 4 laps	6:00
½ Mile – 2 laps	2:55
½ Mile – 2 laps	2:55
¼ Mile – 1 lap	1:22
200 Meter – ½ lap	35
200 Meter – ½ lap	35

1	JASON DUBROVICH
2	LIAM O'BRIEN
3	DYLAN KAZMEIROWICZ
4	FRANCESCO AMBROSINO
5	LARSON RICHARDS
6	JOHN MICHAEL TORRES
7	EDDIE YEPES (CO-CAPTAIN)
8	JOHN WILKINS
9	PANOS RAVANIS
10	SEAN GANNON (CO-CAPTAIN)
11	NOAH SILVERMAN
12	JAMIE SIMPSON
13	RYAN RADWON
14	TYLER KAZMEIROWICZ
15	AIDAN O'BRIEN
16	MITCH LYONNS
17	PATRYK WRONIWSKI
18	JARROD FOURNIER
19	AMIN MOHAMID
20	GJERGJ KLLOBOCHISTA
21	MANNY YEBOAH
23	KABAL VIRK
24	CHRISTOPHER PAPPAS
25	ROANDRE WOLLERY
26	MATT SKELTON
29	MARCRIS WEBB