Pre -Game Count Down

1.00PM KICK OFF

12.53PM NATIONAL ANTHEM

12.50PM CAPTAINS TALK (ON FIELD)

12.35PM ACROSS THE FIELD 8+8v8

12.20PM SPRINT BALL WORK /STRETCH (CORNER OF PITCH)

12.15PM CAPTAINS TALK

12.00PM DRESS/TEAM TALK

11.30PM ARRIVE AT GROUND