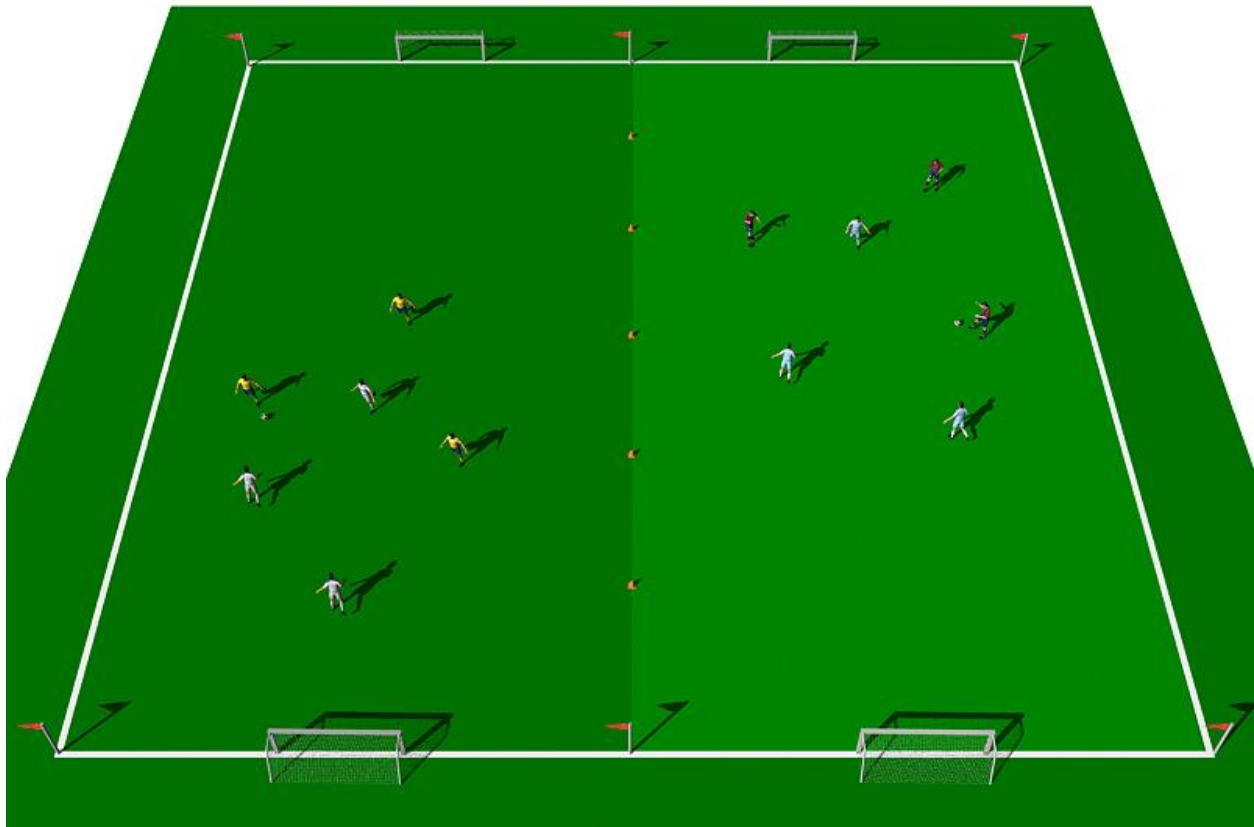


3v3 World Cup Tournament



Exercise Objectives:

The 3v3 World Cup Tournament is an opportunity for your players to have fun and express themselves in a small sided situation.

Coaching Pointers:

Divide your group into teams of 3. Make several small sided fields, using small goals if you have them available. Give each team a name; e.g. England, Scotland, Jamaica, Germany. Play a round robin tournament with each team playing everyone. Game are short and only last a few minutes. Keep score and determine a winner. 3 points for a win, 1 point for a tie.

Field Preparation

Teams of 3 players
Area 20 x 20 yards fields
Cones
Supply of balls
Small goals

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